

CALM: Counseling on Access to Lethal Means: A Train-the-Trainer for EMS Instructor/Coordinators and Training Officers

Date/Time : Tuesday, September 27, 2016, registration 8:30 am,

Presentation: 9:00 am – 4:00 pm with an hour for lunch on your own.

Location: New Hampshire Fire Academy / **Cost:** No charge. Pre-registration is required.

Note: No Con Ed Credits Awarded. This course does NOT count as hours towards the EMS I/C 6 hours of Con Ed requirements.

OVERVIEW: Reducing access to lethal means with a suicidal individual can help to prevent suicide. Clinicians, first responders and law enforcement can play a key role in this life-saving strategy.

OUR GOAL: This full day course will train participants to deliver the CALM training to their students and colleagues. It is suggested that participants conduct at least two CALM trainings for other mental health providers, law enforcement officers and first responders in NH after the completion of this course.

***Note:** We encourage first responders and/or law enforcement officers to partner with a mental health provider in your region and come as a team to this training to serve as co-trainers once certified.

CALM TRAINING HIGHLIGHTS: At the completion of this training, participants will:

1. Understand the association between access to lethal means and the risk of suicide death and how reducing access to lethal means can prevent suicide deaths.
2. Have skills, language and resources to collaboratively discuss reducing access to lethal means with individuals at risk for suicide and/or their families.
3. Have instruction and materials for leading CALM workshops for providers and first responders in NH

ABOUT THE TRAINER: Elaine Frank, MHS

Co-Developer of CALM and CALM On-line and the NH Gun Shop Project

CALM is designated as a National Best Practice Program in suicide prevention. For more information: <http://www.sprc.org/bpr/section-III/calm-counseling-access-lethal-means>

COMMUNICATION SERVICES: If accommodations are needed for communication access such as interpreters, please let us know by September 9, 2016 so that we may coordinate the various interpreters' schedules. Although we will attempt to accommodate any requests made, we cannot guarantee the presence of the service.

FUNDING: Funding for this program is provided through a grant under the Substance Abuse and Mental Health Services Administration. The training is co-sponsored by NAMI NH and New Hampshire Fire Standards & Training and Emergency Medical Services.

Click on the Course Number link below to register.

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